

Hagah Beads Suggested Instructions

Hagah Beads can help us focus as we integration the Living Letters into our DNA.

We have 22 autosomes and 2 chromosomes (X and Y). These correspond to the 22 Living letters of the Hebrew Aleph Beit and the hidden letters of the Ghah and the Shin-ha-dol.

Starting with Aleph, engage with the Ox, Strength and Leader (the meanings of the letters are found on the chart included) and insert Aleph by faith between the first base pair of autosomes in your DNA. You are inviting the Living Word into your very being to put on incorruption and be nourished by the Word that we may grow. As you engage with Aleph in the first rung of your DNA, put yourself into Christ on the Cross, then into Christ in the Tomb and then in the resurrected Christ. Finally engage again with the Letter in your DNA inviting Aleph to bring your DNA into Its frequency and alignment. Repeat this with Beit and so on. The Beads are an aid to stay focused on the letter you are working on.

When you have reached Tav take the Ghah and the Shin Gadol up and down the whole DNA chain ascending and descending with these hidden letters

To bring the whole Cube into your being begin by working through the full Aleph Beit from Aleph to Tav including the Ghah and the Shin Gadol. Start again beginning with Beit, work through all the Letters until Tav and end with Aleph. You now have the full Aleph Beit a second time in your DNA (an Aleph and Beit in your first pair of autosomes and a Beit and Gimmel in the second rung).

Repeat this process a third time beginning with Gimmel and again until you have completed all 22 Living Letters. You have now completed one full grid of the Cube. To complete the cube repeat this whole grid 22 times.